



HILMAR 7500 ENRICHED WITH MFGM
PROTEIN-FORTIFIED
MICROWAVEABLE
BLUEBERRY MUFFIN MIX

11g of
PROTEIN
per muffin

Perfect for a protein-rich snack, breakfast or dessert, this ready-to-mix blueberry muffin bakes in the microwave in about one minute. Each pouch contains a single-serve muffin packed with 11 grams of protein and 683 milligrams **phospholipids** from **milk fat globule membrane**. This moist and fluffy muffin with **Hilmar 7500** has blueberry pieces throughout and it's easy to make. Place the mix into a microwave-safe mug, add $\frac{1}{4}$ cup of water, stir until blended and microwave on high for about 70 seconds for a quick, satisfying and nutritious treat.

Hilmar[™]

Hilmar 7500 MFGM Enriched Whey Protein Concentrate

Traditionally used in infant formula to support development, MFGM has been scientifically shown to also provide health benefits in adults. Hilmar 7500 is highly soluble and heat stable, making it applicable for use in a variety of foods and beverages that are designed to help consumers prioritize prevention of age-related issues.

Nutritional Benefits

- Maintains brain health
- Enhances immunity
- Sustains cardiovascular function
- Improves gut health
- Enhances mobility

Functional Properties

- High solubility
- Heat stable
- Excellent emulsification
- Bland flavor profile

Product Applications

- RTM beverages
- RTD beverages
- RTM powders
- Yogurt
- Bakery

Product Application Sample: Ready-to-Mix Blueberry Muffin Mix

Nutrition Facts

Serving size
63g (makes 1 muffin)

Calories
per serving **260**

Amount/serving	% Daily Value	Amount/serving	% Daily Value
Total Fat 7g	9%	Total Carbohydrate 39g	14%
Saturated Fat 2.5g	13%	Dietary Fiber 1g	4%
Trans Fat 0g		Total Sugars 19g	
Cholesterol 70mg	23%	Includes 16g Added Sugars	32%
Sodium 400mg	17%	Protein 11g	
Vitamin D 0mcg 0% • Calcium 66mg 6% • Iron 1mg 6% Potassium 134mg 2%			

INGREDIENTS: Flour-All Purpose, Cane Sugar, **Hilmar 7500 Milk Fat Globule Membrane Enriched Whey Protein Concentrate**, Superb Palm Soy Pie Shortening 101623 (Stratas Foods), Dried Diced Cultivated Blueberries Sweetened BBSLO12025M (Shoreline Fruit), Instant Nonfat Dry Milk, Baking Powder, Alberger® Fine Prepared Flour Salt (Cargill), Natural Blueberry Type Flavor Powder 20609524 (Kerry).

The nutritional data presented herein is obtained from calculated values based on individual components.